

# WHY SHOULD YOUR INFANT/KID BE SEEN BY A PEDIATRIC CHIROPRACTOR

Introducing your infant to chiropractic care will create a foundation for optimal health in your child. The benefits are endless...from helping to soothe reflux and digestive issues, to promoting better sleep and enhancing their developing immune system. Pediatric chiropractic care can help promote an optimally functioning nervous system for your child. Let us explain how...

## HERE'S WHY

Painting a full picture and taking a detailed history is extremely important to us here at The Pearl Chiropractic. First, we ask mom about her pregnancy. Physical stress, chemical stress and emotional stress can all play a role in the baby's gestational health and environment. This helps us to gain a better understanding of how or why a baby may be presenting with said concerns.

Next, we want to know how labor and delivery proceeded. Whether mom experienced a natural vaginal birth or



an emergency C-section, it is common for the baby to have stress or tension build up in the upper cervical (neck) region. Ideally babies will naturally work out the stress and tension with breastfeeding and/or by getting healthy movement via the head and neck region. Unfortunately, some babies need a little extra help to remove this interference.

It is extremely important to remove this interference, because if left untreated, structurally it can cause poor ability to latch, potential plagiocephaly, head malposition issues, etc. As nervous system focused chiropractors our ultimate concern is the stress it will put on the baby's developing and adapting nervous

nervous system. Interference to the upper cervical region will affect how the baby is able to adapt into the parasympathetic side of the nervous system.

We have two sides to our autonomic nervous system, the sympathetic side which is our “fight or flight” side of the nervous system and our parasympathetic side which is the “rest and digest” side. If there is interference in the upper cervical region, it will put stress on the vagus nerve which controls the parasympathetic side of the nervous system and the baby will mainly reside in a sympathetic state. Common signs that your baby is in “fight or flight” is reflux, fussiness, grunting, arching their back etc.

and non-invasive. Most babies actually fall asleep mid adjustment.

The adjustment is designed to remove interferences found during the doctor’s examination. The good news is since babies have had minimal trauma to their body, they respond fairly well to even just one adjustment. Every baby is different, depending what is going on and how they respond to their initial adjustment will dictate the length of their care moving forward.

**FOR FURTHER QUESTIONS  
AND/OR CONCERNS  
PLEASE CONTACT OUR  
OFFICE FOR A FREE  
CONSULTATION WITH  
ONE OF OUR DOCTORS.**

## HERE’S HOW

Both of our skilled and experienced doctors are specialized in pediatric chiropractic techniques. Their examination on the baby consists of checking appropriate reflexes, optimal range of motion, orthopedic testing, structural abnormalities etc.

The chiropractic adjustment on infants looks vastly different than it does on adults. It is extremely gentle



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